

# SERMON NOTES

**Overflow - Week 4**  
**Born to Run**

**February 9-10, 2019**

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God. (Hebrews 12:1-2 ESV)

1. Run \_\_\_\_\_.

2. Run \_\_\_\_\_.

3. Run \_\_\_\_\_.

You'll be changed from the inside out...God brings the best out of you, develops well-formed maturity in you. (Romans 12:2 MSG)

For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison. (2 Corinthians 4:17 ESV)

**Live the Overflow:** What are you presently holding onto that has a hold on you?



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